A new book has lifted the lid on one of the most secretive and abusive religious cults of recent decades. Woman's editor Susie Weldon talks to Bristol-based sisters Celeste Jones and Juliana Buhring about their traumatic upbringing in the Children of God.
perversions are allowed to dominate an entire community of people. It offers an extraordinary insight into one of the 20th century’s most notorious cults, whose “Law of Love” (God equals love and love equals sex) not only made it mandatory to “share yourself” with everyone else in the community, but also led to “flirty fishing”, the practice whereby women were sent out to prostitute themselves in order to attract more followers. The book is hard to read at times because it’s difficult to understand how loving parents could collude in such abuse. It’s also hard to appreciate how intelligent, rational people could fall under the spell of an obsessive such as Berg: some of his “prophesies” are ridiculous, even laughable, but he exerted an extraordinary control over thousands of people.

JULIANA explains: “It’s difficult to wake up and realise your entire life has been spent living someone else’s lie; that you’ve been kept from living your own dreams in order to keep the manic delusions of one man alive. “It’s like believing you were born blind because you have spent your whole life blindfolded. Then when you suddenly do see, you cannot understand what it is you are seeing.”

However, this is also a story of immense personal courage and hope, as each sister in turn fought her own battle to leave the cult and to develop a life in the outside world. Although they share the same father, they have different mothers and were not brought up as a family. Their father, Christopher Jones (who uses the biblical name Simon Peter), was the son of a British military officer and educated at private school in Cheltenham. He has fathered 15 children by seven women, and is still a member of the cult, now called The Family. Celeste and Kristina’s mother, Rebecca Jones, became a member aged 16 but left the cult in 1984 and managed to kidnap Kristina, then aged 12. Juliana’s mother, Serena Buhring, joined while travelling as a hippy in India, and is still an associate member.

I met up with Celeste and Juliana in Bristol to discuss their book: the sisters share a home in the city’s Kingswood area, with Celeste’s daughter Cherie, who will be nine next month, while Kristina lives in Nottingham. Living together is in many ways the fulfilment of a dream. As children they longed to be together as a family, and the title of their book, Not Without My Sister, refers to their determination to rescue each other (and their other siblings) from the cult. But there’s also a tragic poignancy about it. The book is dedicated to the one sister who will never be able to join them – Davida died in 2005 after years of severe depression and drug addiction.

In person, Celeste and Juliana show no outward sign of their traumatic childhood; they’re both beautiful, slender, graceful women who speak with searing honesty and astonishing openness about the abuse they suffered. But both have been terribly scarred by their ordeal and feel a responsibility to tell the story of what really went on. Celeste, in particular, wants to set the record straight because she was used as propaganda for the cult when she was 18, and persuaded to say she’d had a happy childhood. Juliana began writing the book to try to make
sense of her childhood, which was full of beatings, starting from the age of three when she used to wet her bed. Then, when she was six, she was sent to the Jumbo, a huge boarding school for cult children, in the Philippines.

It was a brutal place where “speaking out of turn” was viciously punished; you could tell who’d just been beaten by the bloody purple welts on their bottoms in the shower, she says. Other children were given “silence restriction”. They had to walk around with a notice around their neck banning people from talking to them; some also had their mouths taped up.

She is haunted by the memory of one eight-year-old boy “He had expressed a desire to leave The Family, and so was imprisoned in a tiny room with an adult guarding him at all times,” she recalls, “They fed him only liquids and read him Mo Letters (missives from the leader) all hours of the day and night for nearly a year. As he was close in age to me, I often found myself thinking about him and wondering what I would do in his place.”

JULIANA spent years feeling worthless, and tried to kill herself as a teenager more than once: “I felt if no one loved me, then why was I in the world?”

Meanwhile, Celeste suffered years of sexual abuse, having been taught to fondle men and being forced to accept their caresses from the age of five or six: “It was hard to access those childhood memories and feelings for the book,” she says. She admits she does not know if she will ever be able to accept that a man truly loves her. But both say writing the book has been enormously cathartic: “I feel quite light and relieved now that it’s all out of me,” says Juliana.

One of the hardest aspects of growing up in the cult was having to suppress their feelings all the time. They lived in fear of expressing the wrong thought or doing the wrong thing: “You weren’t allowed to express any doubts or criticism. That was called ‘murmuring’,” says Juliana. “Our whole life was about suppressing that inner voice that said, ‘this is wrong.’”

Today, both sisters find great solace in Celeste’s daughter Cherie. “She’s so outgoing that she makes friends with everyone,” says Celeste, who begins a job as a family project worker in September and hopes eventually to become a clinical psychologist. “I do feel I kind of live my childhood through her, because mine was stolen from me.”

“I’m so happy when she gets things and perhaps I’m a bit self-indulgent,” she smiles, as Juliana laughs and says: “Yes!”

It was her daughter who gave Celeste the impetus to leave the cult: “I couldn’t have her abused as I was.” Meanwhile, after years of being punished for being a rebellious child, Juliana, who is studying philosophy and psychology and pursuing a career as a writer, finally could not suppress her sense that something was terribly wrong with the cult.

Leaving the cult and their family and friends was “absolutely terrifying”. They had no identity in the outside world; no national insurance number, no bank account. It helped, however, that Kristina and Rebecca were already on the outside.

The sisters have now set up an organisation, Rise International, which works to protect children from all forms of abuse in isolated or extremist cults.

“The Catholic Church has just made a formal apology and paid restitution for the sexual abuse which took place in Los Angeles, but The Family has never done that and the former abusers who are paedophiles are now in leadership positions,” says Celeste.

Meanwhile, the sisters are rebuilding their lives—and relishing their liberty, says Juliana: “Just to be your own boss, sit down in a café if you want to—I think only someone who’s been imprisoned can understand what that sense of complete freedom is really like.”
THE Children of God cult started in the hippy culture of southern California in the late 1960s and was founded by David Berg, the son of a celebrated Christian evangelist.

Berg believed he was the successor to both King David of the Bible and the prophet Moses, who had led the Children of Israel out of captivity in Egypt.

He called himself the last prophet of Endtime and adopted the pseudonym "Moses David", or Mo for short. He also crowned himself and his second wife Karen Zerby, aka "Maria", the King and Queen.

Berg was warped and manipulative but also very charismatic; a control freak who demanded total obedience from his followers and exerted an enormous influence over them.

As his power grew, he began revealing his own paedophiliac and incestuous predilections in increasingly bizarre directives, or "prophesies", to cult members, and subjected his own daughter and granddaughter to extreme sexual abuse. Central to his beliefs was his "Law of Love". Berg believed that everything done in love (including sex) was sanctioned by God - including adultery, incest, extramarital affairs and paedophilia.

Children growing up in the cult not only regularly witnessed members having sex but were encouraged to have sexual contact with each other, and were also abused by adults from a very young age.

Children were also often beaten mercilessly in brutal physical punishments for misdemeanours and were often separated from their natural parents for long periods of time, living instead in big households led by foster parents, or "shepherds".

At the same time, Berg taught that the outside world was evil and its people possessed by Satan; cult members lived in fear of being excommunicated and cast out into the world.

After increasing concerns were raised in the United States about the cult's activities, Berg and Maria fled to Europe, arriving in England in 1972. It was the start of many sudden moves as the increasingly paranoid cult members not only fled the authorities but also spread their message across the world.

In 1986, growing pressure forced the cult to officially renounce adult-child sex, though survivors say the abuse continued in many cases, albeit more secretly.

Berg died of natural causes in 1994 - one year after he had predicted the world would end - and the cult, now called the Family of Love, or simply The Family, is led by Zerby.

It claims no longer to practise adult-child sex or brutal beatings, but it remains very secretive and isolated from the world.

Its membership has greatly diminished from tens of thousands of people at its height to just a few thousand now, as many of the second generation followers have left in despair.

Even Berg's own adopted son Davidito (Ricky Rodriguez, son of Zerby) cracked under the pressure.

In 2005, he stabbed his father's former secretary and cult member Angela Smith to death, then shot himself, having first recorded a video describing himself as an avenger for children like him and his sisters who'd been subjected to rapes and beatings.