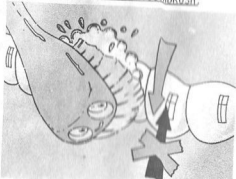
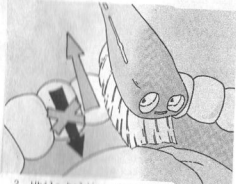


LEARN HOW TO DRIVE YOUR TOOTHBRUSH!



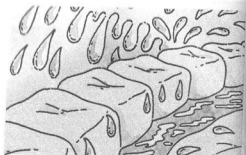
1. Brush on the outer side (the side which you see) of all the teeth, from the top to the bottom, from the gum towards the tooth. In other words, always from the red towards the white. Repeat this several times.



2. While holding the handle of the toothbrush vertically, brush in the same way the inside (the side you can't see) of all the teeth. Always brush from the red to the white.



3. Brush the rough surface (the part which grinds the food) of all the teeth back & forth & horizontally.

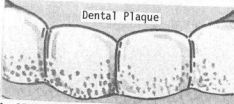


4. Once you have finished brushing, rinse your mouth several times thoroughly with water.

It takes about three minutes to complete these four steps. A quick brush is not good enough!

YOUR TEETH ARE ALIVE!

It is not good enough to brush your teeth simply to have white teeth or good breath. Actually, even if you brush your teeth vigorously, if it is not done in the correct manner, it will not protect them against their worst enemy: dental plaque.



A. BRUSH YOUR TEETH TWICE A DAY!

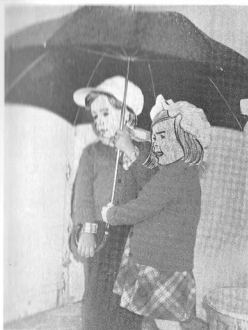


Morning
After, not before breakfast.

Evening
Before going to bed.

After brushing your teeth in the evening, avoid eating anything, particularly sweets.
B. Have your own personal toothbrush & be sure that it is in good condition. (A toothbrush which has bent bristles is no longer good.) Change your toothbrush every three months. (The old-fashioned way of cleaning your teeth daily with a clean soft "tooth-cloth" is coming back into style now & is easier on your teeth than a brush!)
C. Have your teeth examined when needed & remember to pray for good health!

536--1Cor.3:16.



David & Davida watch the rain from the attic porch...



...and listen to "Sounds in the Night" from the rooftop patio--(getting fresh air while having the Whooping Cough).

THE LITTLE WITH MOMMY & DADDY

1. I SUPPOSE DAVIDITO WILL NEVER LOSE HIS INTEREST IN HANDYMAN WORK! Alfred & David made together some bedside lamps at Daddy's suggestion, with a little tool kit that Daddy offered David as a gift. They just set a small ready-made light fixture inside the neck of a fat little bottle, after weighting the bottom down with sand inside, & the lights were a great help for our bedside reading!

2. DADDY ALWAYS MAKES A MULTITUDE OF IMPROVEMENTS IN EVERY HOUSE OR PLACE WE LIVE IN, especially this one, which was quite run down & in great need of repair when we moved in. We don't put a great deal of time or money into it, but just make things as "homey", livable & safe as possible.

3. BECAUSE POOR MOMMY MARIA BREAKS OUT IN HIGH SHOLLIN BUMPS WHEN BITTEN BY MOSQUITOES, & so as to prevent others getting bitten, Daddy had the boys put up fly screens around the big open doors & windows in our house, making sure that someone always holds onto a person who is standing on a ladder, trying to tack up



Dad thoroughly goes over the instructions & cycles of the washing machine with Sue!