



Healthfoods chart--a sample, not a sermon!

41. HE'S TAKEN THREE NATURE WALKS WITH RICHARD this month. He'll take along the magnifying glass, or paper & coloured pens to draw what he saw in the woods. Davidito always steps on little bugs, although we have told him many times that it only kills them & does harm & he should not be so cruel. I'm not sure just why he does it.



42. WE'VE HAD TWO GOOD, THOROUGH STUDIES ON WHAT CHANGES WATER MAKES IN THE EARTH'S SURFACE, which include erosion, evaporation, weather, etc. We did an experiment one day of putting a pile of sand in a little glass cooking bowl then a funnel in the pile of sand. We slowly poured water in the funnel to watch how the earth is changed by water. We have worked

with magnets several times, & did another complete study on whales, as well as reading over & over again his books on health & pollution.

43. BOOK READING COMES IN REAL HANDY when he gets to the subject of science. We can just choose a book on a subject he is interested in, & it teaches the course for me. TTL! He liked very much the book about animals with shells & learned about crustaceans, mollusks, fossils, unclean sea food, etc. He showed interest throughout the whole book. Next we looked in the Nature Encyclopedia at a few pictures that went along with the study, as well as in the picture dictionary. We saw two snails fucking only the day after we read this book, exactly as we had seen in a picture in the science book!

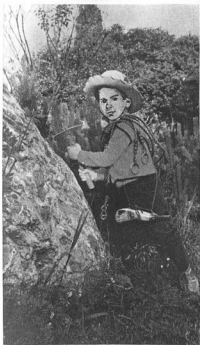
44. BECAUSE EVERYONE WAS TALKING EXCITEDLY ABOUT MOMMY MARIA BEING A COUPLE OF MONTHS PREGNANT, I thought I'd try & see if David was interested in a textbook we had on sex & pregnancy. Looking at all the pictures, we discussed all the types of birth & the umbilical cord, etc. On sight of a picture of a breech birth, David said, "Hey, look, that baby's coming out bottoms up!"

45. GEOGRAPHY: ONE AFTERNOON FUN, ALFRED DRESSED DAVID UP AS A SWISS MAN in a mountain-climbing outfit & read to him from a few books, information about Switzerland. Afterwards they went outside & climbed what is called "Mt. Jungfrau" (the big rock in our backyard!).

From his having read the MacDonald Starter book we have on Switzerland several times, David is more interested to go on excursions to a dairy farm, cheese house, mountain areas, etc.



One of the "Helpers of David" in the mountains of Switzerland!



David the mountain man!

46. [ART, MUSIC & DANCE.] DAVID DID A REAL NICE PROJECT THIS MONTH ON MAKING LITTLE BOOKMARKS from coloured paper, decorating them with heart stickers & colours & an extra pretty stamp from Spain, then "personally autographing" it on the back, to send to children who had written to him in the Family. He had a little project in art about every other or every third day, usually with Richard. This usually consisted of cutting out, drawing on paper or painting with water colours.

47. HE LIKES VERY MUCH TO PLAY HIS LITTLE FLUTE while Richard plays the



guitar. We oftentimes tap our hands on the table to the rhythm of music we listen to, & many times when he is concentrating, he can actually keep the beat with all kinds of music! We also made little drums from large tin cans: a tom-tom, bongo & bass drum type, & beat them to the music we heard from the tape recorder.

48. SPANISH A couple of times I have read to him a book in Spanish, especially a colourful picture dictionary, in English and Spanish. It's obvious that he really knows a lot more Spanish than we think he does, & hearing Spanish in conversation & music on tape proves to be the best "Spanish teacher!"