

whooping cough.

45. The immunisation for whooping cough used to be included in the required inoculations for young children, which now includes only diphtheria and tetanus, but it is no longer mandatory because it has had some bad side effect, including meningitis. For this reason, modern doctors make their own choice whether they want to give the whooping cough inoculation, as well as the small pox inoculation nowadays.

46. You should keep the patient in a warm, but well-ventilated room, and isolated from other children. It is very important that the child eats small, frequent meals of high quality and nutritive value such as eggs, cheese, yoghurt with wheat germ, yeast and molasses, etc. Soft foods seem to go down easier. Most Medical books suggest giving plenty of liquids, vegetable soup broth, and natural fruit juices, and some suggest avoiding milk and milky foods, and even solid foods, for the first week or ten days of the disease. In mild weather, the patient may be in the open air. It's nice to air their bedding in the sun when possible.

47. Please remember that whooping cough is considered quite serious in infants, but far less so in older children. The infection lasts for a month or two and is quite contagious while the coughing lasts. Antibiotics have little effect against the whooping cough. Once an individual has the infection, there is a long, usually a life-long, immunity.

48. The whooping cough is often called the "walking menace" because the child, inbetween coughing spells may appear absolutely normal, although more tired than usual. The spell will come on suddenly and bring down their health and strength to such a degree that they may want to go to bed or need to rest several minutes after each coughing spell. It may be helpful to keep a potty or basin close-by their beds in case it's needed for sudden vomiting spells.

49. We would like to remind you that if you are enrolling your child in public system schools, to thoroughly investigate if any childhood diseases are spreading in your area and take precautionary measures accordingly. Pray without ceasing and carefully look into what inoculations might be required of your child if enrolled in a public school. Childhood diseases are very commonly spread as an epidemic in public schools, so here again, you must be strong in preventative faith, and the Lord will certainly not fail your fervent prayers!

50. It was encouraging for me to know that Dad's own four children had the whooping cough when they lived together in a small trailer, but all survived well & healthy! Besides our prayers and help from faith-building promises in the Word, a good healthy diet with lots of rest and appropriate vitamins, (especially vitamin C), all help to rid of these childhood diseases perhaps more quickly than otherwise, thank the Lord!

51. Dad also said that when he

put his own children in system schools in the past, and they required immunisations for the children against such diseases, he avoided their taking shots as long as he could, until the schools usually eventually pressed them to a decision to take the inoculations or remove their kids from school. Because they were traveling at the time, they often changed locations anyway and could move them to another school.

52. But we now suggest that if you have set up a stable work and have enrolled your children in public school, you may have to follow through on "doctor's orders" if you are planning to stay in your field and your child attend system school there.

53. Whichever choice you make you still must stand strong in prayer — it takes faith to give the children inoculations and chance their getting the disease through the immunisation, and it takes faith to refuse inoculations and believe that the child will be protected throughout his life without it. Praise the Lord!

54. Deborah David has written some good classes on preventative faith and taking vitamins, practical precautions, what to do when a child is sick, etc. in her following letters: "An Ounce of Prevention is Worth a Pound of Cure", number 9, and "Faith for a Little Child", number 15, by Deborah David. You may order these classes from your Family Care Services in Rome, Italy.

55. So, Lord help us! We really

need your prayers! And, as you can see, our whole Family needs the consideration and love for one another to help in preventing these serious sicknesses and careless mistakes — all which might be avoided if we would take the prayerful, precautionary measures of isolating children at the onset of symptoms of contagious diseases! Please pray with us that our entire Family will be much more precaution and prayerful along these lines.

56. We really pray that sad lessons such as these will be a tremendous help, and encourage you that we have all suffered many like things, but want to work together now in preventing this from happening in the future.

57. If your children do come down with serious illnesses, be sure to first go to the Lord in united prayer, James 5:14-16, and claim God's healing promises, for He never fails! Praise the Lord! Keep the health and safety of your children in your daily prayers and keep strong in preventative faith. God bless you all! — and keep you and your children. Love, Sara Davidito.

**HOME MEDICAL BOOKS
RECOMMENDED FOR FAMILY USE:**

1. "Black's Medical Dictionary", by William A.R. Thomson, MD; 31st edition; Published by A.&C. Black Ltd., 35 Bedford Row, London WC1R 4JH, England; Large volume—950 pages; Price: 6.50
2. "The Mother's Medical Encyclopedia", by Virginia Pomeranz & Dodi Schultz; A Signet Book from the New American Library; PO Box 999, Bergenfield, N.J. 07621, USA; Number 451-E6940; Paperback—403 pages; Price: \$1.75.