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PLANE, BUS, BOAT AND TRAIN TERMINALS. Often you will find that these terminals are located in the more sleazy parts of town, & are natural congregating points for all sorts of undesirable characters, ready to take advantage of the weary traveller arriving in a new town or country. Following are some tips that can help you to avoid being one of their victims, as well as the many other mishaps that occur regularly in such a confusing area:

THE ABILITY TO KEEP A CLEAR HEAD IS AN INVALUABLE ASSET WHEN  
ARRIVING in a new location and you are more apt to exercise it if you arrive refreshed. This might even be a good time to take a little energy booster such as some raisins, dates, nuts, cheese or yeast. During any long journey it is very important to try to sleep as much as possible, even if it is only several short catnaps.

C) RATHER THAN DRESS EXTRAVAGANTLY ON ANY TRIP, it is more prudent to pack or store your quality clothes and dress comfortably and modestly for the journey. Wear clean, loose-fitting clothes that allow your blood to circulate freely and your sweat glands to operate efficiently.

D) IN ALL SUCH POTENTIALLY TIRING AND CONFUSING SITUATIONS as terminals always remember a key principle: Conserve your strength no matter how limited your powers are as you need every ounce that you can produce. In any such "survival" scene

E) ALWAYS CARRY A CHANGE PURSE FULL OF CHANGE AND BE READY TO TIP anyone that can help you, however much it might go against your grain. This will show people who can help you that you are willing to pay for their services and will allow you to get rid of any aggressive panhandlers, drunks etc., who often loiter in terminals.

F) IF YOU DO HAVE TO USE A TERMINAL RESTROOM, avoid spending any length of time in it talking to people. Keep your jacket on while using the toilet if it contains your wallet.

LOOK UPON IT AS INSTANT LIFE INSURANCE. In most cases this is as much as any petty thief expects to make from any one job and the odds are that your need to keep this money does not equal the thief's (and possibly addict's) atrocious physiological craving to get it.

PURSE SNATCHING ALSO HAPPENS REGULARLY IN TERMINALS as people are carrying more valuables than usual. Other items such as cameras & tape recorders hung from the shoulder or held in the hand are targets also. If your bag is snatched do not try to resist it as the person may be armed, mentally disturbed etc.

IF YOU ARE IN A SITUATION WHERE YOU CAN CRY FOR HELP, call quickly and continually as loud as possible. If the terminal is deserted, shout "Fire!" as this is the one call that will bring

IF YOU FIND YOURSELF BEING BOTHERED BY WEIRDOS, you can often get rid of them by pretending to be deaf or slightly dumb. Keep repeating, "Pardon? Pardon?" along with pointing at your head and shaking it, a general air of vagueness, apologies, puzzlement and helpful smiling. This immediately brands you as being too much trouble to most city wolves.

IT IS MORE PRUDENT TO BUY HARDWEARING LIGHTWEIGHT MASS-PRODUCED SUITCASES as used by most people. These will blend in more easily and are less likely to be stolen. Soft tops are good as they can take that little bit extra. The sturdy vinyl covered frames will stand up to wear and tear and resist scuff marks.

OFTEN WHEN TRAVELLING WE TEND TO HAVE THE MISTAKEN BELIEF THAT WE ARE NOT RICH and thus do not have anything worth stealing. This leads to careless behaviour which tempts petty thieves to steal relatively worthless goods. There are thieves

THEY ALSO KNOW THAT PEOPLE OFTEN CARRY VALUABLES IN OLD BAGS ETC., as they think that there is less chance of them being stolen. To tempt a snatch thief brings real threat of violence, as should you try to stop him he could pull a knife, his need is so great. There is no reasoning with him.

IT IS NOT ONLY THE SNATCH THIEF THAT YOU MUST BE AWARE OF, but also dishonest airline loaders who will open the most likely looking suitcases in the hopes of making a "lucky dip". To avoid being one of their victims, distribute your valuables throughout all your luggage and strap your suitcases either with string or a strong strap. Loaders cannot be bothered with suitcases like these when there are so many more vulnerable suitcases around. Avoid having stickers from other trips plastered all over cases, as this can give off an affluent air.