

Personal list of food stuffs for household reserves.

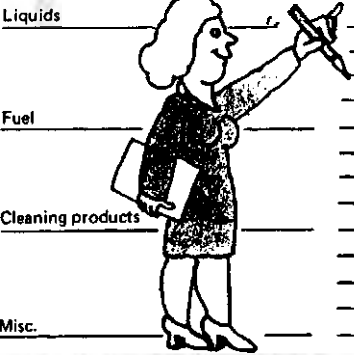
For your reserves, choose preferably products that are on the chart on the preceding page. A total of 14 kg. per person. It should contain:

Per Person	For All the Family
2 kg. of raw sugar or honey	Quantity Product
2 kg. of rice and/or pasta	kg. raw sugar or honey
2 kg. of oil and/or fat	kg. rice &/or pasta
	kg. oil &/or fat

Freely complete this basic reserve with:

Foods rich in proteins	
Foods rich in carbohydrates	
For variety	

In dividing this total by the no. of people in your family, you should obtain 14 kg.



Household, pharmaceutical goods, garbage bags, alcohol burners, accho fuel etc.



THE TOURIST TO CHINA ASKED FOR THE NAME OF A GOOD DOCTOR. The Chinese man replied, "I'd recommend Dr. Tchang. He saved my life!" "Tell me about it," said the foreigner. "One day while gravely ill I went to Dr. Tchien. His medication only worsened my condition. Then I consulted Dr. Hung whose treatment almost landed me in the grave. It's then I went to Dr. Tchang's place. He wasn't there!"

A FAMOUS PSYCHIATRIST WAS GIVING A LITTLE DEMONSTRATION to a roomful of alcoholics at a rehabilitation center, to explain to them once & for all the fatal & tragic effects of alcohol. He said, "I have here on this table 2 glasses. One is filled with water & the other with pure alcohol. In my hand here is a live worm. Everybody please watch carefully as I drop it into the glass of water." Everyone watched the worm fall to the bottom of the glass & come floating up to the surface. "Now," continued the psychiatrist, "every-one watch carefully as I take the worm out & drop it into the glass of alcohol." They all saw the worm decompose & vanish due to the effect of the alcohol. "So," ended the psychiatrist, "what does this prove?" One of the drunkards stood up & said, "This proves, Doctor, that if you drink sufficient alcohol you'll never have worms!"

ONE DAY IN A BIG CITY A REFRIGERATED TRUCK was taking a load of live penguins to be delivered to the city zoo when all of a sudden the truck developed engine trouble. So the driver pulled into a garage. The mechanic said it would take a few hours to repair the motor. The driver didn't know what to do, as the penguins had to get to the zoo right away. SUDDENLY ANOTHER EMPLOY REFRIGERATED TRUCK pulled into the gas station. The driver ran over & said, "Hey! You've got to help me! Can you take these penguins to the zoo for me? They need to get there as soon as possible!" The guy said, "Sure," so the first driver

ER DOWN SOUTH was ranting & raving about the coming of the Lord: "There's gonna be weeping & wailing & gnashing of teeth!" An old black lady was getting all excited & jumped up in the back row & said, "But Pastor, Pastor, I ain't got any teeth!" "Don't worry, Ma'am," replied the Pastor, "Teeth will be provided!" -Jehoshaphat.

A PRIEST, A MINISTER & A RABBI were discussing how they each decided which portion of their collection from their congregations they kept for their own use. The Catholic priest said, "I draw a circle on the floor & throw all the money in the air. What lands inside the circle is the Lord's, I keep what's left." The Protestant minister said, "I do just the opposite. I throw the money up, but what lands outside the circle is the Lord's. That way He gets a bigger share." Finally the Jewish rabbi said, "I tell you what! My way is much simpler! I too throw the money up in the air. I figure that God will take what He wants & whatever comes back down to the ground is mine!" -Told by Dad.

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gave him \$100 & said, "Here, take this to cover your expenses." So they loaded the penguins into the second truck & off they went.

ABOUT TWO HOURS LATER THE FIRST TRUCK WAS REPAIRED & the fellow was driving along when suddenly he saw the other driver with all the penguins outside a movie house. Screeching to a halt, he ran over & exclaimed, "What's the big idea! You were supposed to take these penguins to the zoo!" The second driver replied, "Well, I did, but I still had some money left over so I'm going to take them to the movies also."

MOKE: Do you know the difference between the way a hairdresser dies & the way a sculptor dies? -The hairdresser curls up & dies! The Sculptor makes faces & busts!

HERE'S A GOOD JOKE DAD TOLD on a 15-year-old tape called "The Resurrection": It goes, "As the fellow says, he had a dream about Heaven, & my! He was never so surprised at some of the people he saw in Heaven! But the thing that shocked him the most was at how many were surprised that he got there!" -Sent in by Hart.

I WAS LOOKING THRU' MY MO LETTER INDEX the other day & found that the "Alternative Title" for "The Girl Who Wouldn't" was listed as - "The Uneager Beaver!" -Hal -Hart.



"LAST MONTH WE WEREN'T DILIGENT TO PUT AWAY THE LORD'S TITHE or send in our Report & WHEW! Everything went wrong financially with bills we never dreamed of! This month we knew we had to put God first & catch up for last month as well. The day we got our Tithe caught up the Letter 'God First' arrived in the mail, & was it ever the truth!" -Hoshalah & Heldt; Canada.

TITHING TESTIMONY: "I seem to have a little problem with car accidents. The first one was at work in Oct. where I got fired just recently. We prayed that day but maybe the Lord let it happen because I didn't tithe my driver's license, that I got at my job for free, which would have cost quite some money doing it privately, so we're including the tithe this month for it. We believe in tithing because we definitely need God's blessing in everything we do, GHU!" -Samuel & Jana.

"WE HAVE FOUND THAT SUPPER IS A PERFECT TIME TO READ A Gospel chapter & section from the Quotebook or Fish Food Booklets. This keeps us all fresh in the most important areas-the 'basics'. Also it's one of the few times of the day when a large family is most likely to be all together." (After, I hope!-D.) -Ren & Anna; U.S.A.

"AFTER READING THE TITHING LETTER we were inspired to give \$50 to MWM. The next day when I went to pick up my bonus from work it was for \$52!" -Ephesians.

"BE CAREFUL WHEN BIKE RIDING, especially in the city. I am a careful, experienced bicyclist & yet the Lord showed me that even the safest can be hit at a weak moment. A car pulled in front of me & stopped suddenly for no apparent reason, & I hardly had time to pray before crashing into it. I received a very serious injury, tho' the Lord used it to bring truly loveable sheep to my bedside to receive the witness of Jesus. PG! His way up is down!" (Amen!-Michael Medic; U.S.A. Walk!-D.)

PLEASE PRAY FOR US!-To be able to reach the people of this country! We could really use help, especially for funds to buy paper & for printing. Even a little goes a long way here. For \$25 we can buy paper to print 9,000 TKs! Can you sacrifice or spare it? 100 million are waiting! Send gifts to W.S. for the Bangladesh Work!-Manifold blessings await you! We love you -Emman & Mary, Azziz & Lokman. (GBY! TTL for your good work. WLAPFY!-D.)

WITNESSING IDEA: We've gotten good response from an ad we've put in the local newspaper: 'Need Real Love? Try the Bible! John 3:16. Free Bible & Prophecy classes. Know God's Love & the future.' We invite the sheep who phone to visit & learn from Dad's teachings & the Bible. Maybe others in the Family would like this idea too." (Amen!-D.) -Benjamin & Rachel; U.S.A.

"WE'VE SEEN 2 CASES IN WHICH SINGLE BRETHREN FF GIRLS to the point where they want to drop out & join. But in the end the brethren weren't willing to 'take up the cross' & take care of them as their own disciples &/or mates, resulting in the girls' tragic failure to join, when they could have been easy victories for the Lord's Family. Why did these brothers even begin if they weren't willing to finish the job?" -Joash & Hannah; U.S.A. (Right! GHU!-D.)

"THE LORD INSPIRED US TO SET UP A PROVISIONING BOOK using touching testimonies taken out of old Mags, explaining all facets of our work. We found it a real blessing, even in going DTD, showing it to parents along with the Komic Book. Children just love it." (Great!-D.) -Francis Abner & Rosee Selah; Canada.

"A FRIEND OF MINE RECEIVED A NEW SOCIAL SECURITY CARD recently. It had 3 extra numbers on it in front of his original number. The 3 numbers were 666! Supposedly it is a number meaning 'of the people, by the people & for the people'. Of course I realise that it is the beginning of the 'mark of the Beast'. The Social Security Office immediately wrote to him asking him to return the card in exchange for a regular one. They said they weren't supposed to start using the new ones until 1983." -T.C. (new mail response); U.S.A. (WOW! It's begun!-D.)

"WE DECIDED TO TITHE THE VALUE OF AN EXPENSIVE TRIP which was paid for by a Fish, even tho' we didn't have the money for it. The very next day the Lord gave us back many-fold by way of several donations!" -Daniel & Miriam; Indon.

"QUESTION: WHEN WE RECEIVE A LOAN, do we pay tithe on it twice-once when the money comes in (is loaned) & again when we pay it back? Please ask Dad 'cause we don't want to rob God. Please forgive our ignorance. Thank you." -Philip & Nekoda; Canada. (No, of course you don't pay Tithe twice!-Either on the loan or the \$ for repayment!-Dad.)