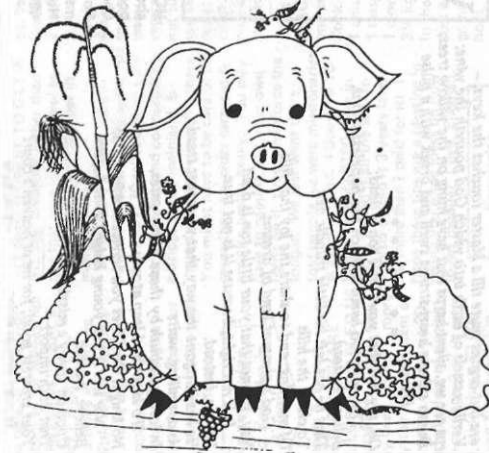


Pork 'n' Beans

(Reprint)

VOL. 1 No. 1



"PORK AND BEANS" - TORINO PARK, ITALY Feb., 1975 Vol. 1, No. 1

"Back to the Land"

"Oh, boy! We got a place in the country! Let's make a farm! Let's make a refuge!"

Wait a minute, let's size up the situation. Let's not set our goals too high at first or we'll get discouraged. Remember that farmers go slow. Let's see, what does NO say? In "Great Escape" he said, "We will need refuge, not only in the U.S. but all over the world." Also in "Scatteration": "Rulers have come and gone, but the meek still inherit the earth. They live on the land, close to it, enjoy it and benefit from the fruits thereof, the healthful atmosphere, the non-pollution, the vigorous exercise, the wholesome foods and the simple uncomplicated life, with no psychological neuroses and nervous breakdowns, little or no drug problems, very few medical needs and very little dependency on the system. Each little farmer and his family or his tiny village or tribe grows its own food,

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makes nearly all of its own needs and equipment and lives its own life almost totally independent from the rest of the world."

And in "Heavenly Homes" it says, "We're going to go back to those days with only the beautiful creation of God around us and the wonderful creatures of God to help us plow and power and transport what little we have to do to supply our meager needs, even as the poor of the world still do to this very day in the most remote parts of the earth!"

And in "Dispersion" NO says "Go back to the land, the soil from whence man came and where the poor farmers will again survive the clashes of empires as the Chinese and poor Third World peoples will survive the coming great war for oil which will destroy the cities of the West!"

So the main reason we have refuges and farms are for a retreat in case of a big emergency. A place in the country is also a good place to raise our children;

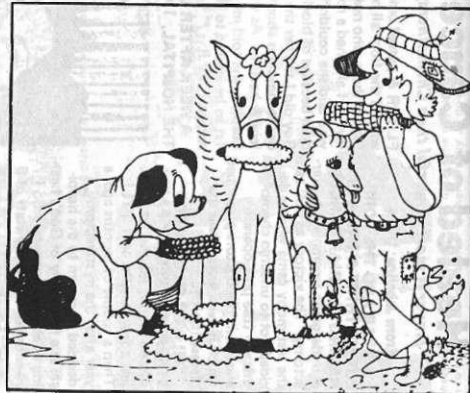
the experience is forever valuable!

And by this time we should be on good terms with the farmer next door from whom we've been asking advice all along before doing anything on our farm! And he's been watching us work our garden with our hands as he tractors by to plow his big fields. By faith, he might be just the one to plow our little plot of land behind the house

when he has time!

And the best thing to plant is probably corn because we can eat corn, the goat and pig like corn, the chickens and ducks love corn; it's easy to plant, to care for, to harvest and to store! Thank God for corn!

Well, you might think this is pretty corny but farms can be fun and fruitful too, if we just get our priorities straight and do it step by step!



"STEP ONE"

Before getting animals for your farm, stop and plan ahead. Unless you have the experience, facilities and food, large animals are usually ruled out at the beginning.

It's best to begin small. "Keep it small and simple - and then almost anybody can run it, even the small and simpleminded. Despise not the day of small things." - "The Birds and the Seeds", No. 38.

Usually chickens, rabbits and ducks are the best, as they can find most of their own food if allowed to run (see "Bye Bye Birdie"). Rabbits also can be fed mostly things that grow naturally around the farm.

From experience we have found that you save such time and money if you build the pens, hutches or whatever before you get your animals. And they in turn will be healthier and happier.

Experience has been a hard taskmaster as all too often in our refuge farms we've gotten an animal and then made a temporary shel-



ter for it. Then due to various circumstances, had to move either the animal or shelter a few times before we realized all the extra work we made for ourselves was due to not planning ahead.

When building animal pens or housing, it's usually only necessary that the housing is dry and wind-proof, unless the animals are very young, in which case they also need to be warm. You'll save time and extra work if you build your housing so that it is easy to keep clean and large enough in case you decide to increase your stock in the future.

Time spent building the pens is not time wasted!

"PLANT IT"

How to Save Your Survival Food

It's very important that your survival food is kept so that it stays in good condition. The Kentucky Farm "Survival Book" recommends that it be kept in a well-ventilated, cool dry place as far above ground level as possible to prevent rats and other pests from getting at it.

To solve the problems we had with our survival we found that leaving the grains, etc. in the original burlap bag is best. Then since we have a big wooden beam across the ceiling of our basement, we made a hook by looping wire over the beam, then strung wire through the burlap bag and hung each bag up!

This method keeps the food safe and there is less chance of mold forming. We check the foods every 3-4 months.

For powdered milk, flour and cornmeal you can leave each in its original paper bag and place that bag in a burlap bag.



If it is impossible for you to hang up your survival food, you can put the bags in plastic or metal containers, such as trash cans.

We have also found that it is a good idea to rotate some foods. After 4-5 months use your flour or cornmeal and replace it with fresh. This isn't necessary with everything, only foods that become stale.

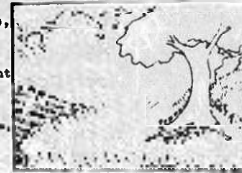
"Out in the Fields With God"

The little cares that fretted me I lost them yesterday, Among the fields above the sea, Among the winds at play, Among the loving of the herds, The rustling of the trees, Among the singing of the birds, The humming of the bees.

The foolish fears of what might pass, I cast them all away.

Among the clover-scented grass, Among the new-mown hay, Among the hushing of the corn Where drowsy poppies nod, Where ill thoughts die and good are born - Out in the fields with God.

-Author Unknown



Here's a delicious way to use some of that corn you grow on your farm - grind it up into cornmeal and make cornbread! A favorite with everybody! Of course you city-slickers can make it too - just buy some cornmeal at the store!

1 cup cornmeal 1 cup flour
2 tablespoons sugar
4 teaspoons baking powder
1/2 teaspoon salt
1 cup milk
1/4 cup shortening

Heat oven to 425°. Grease square pan, 8x8x2 or 9x9x2". Blend all ingredients about 20 seconds and beat vigorously 1 minute. Pour into pan and bake 20 to 25 minutes or until golden brown. 9-12 servings. Serve hot with butter or margarine!



"FARMING AND OTHER WITTS FROM THE TORINO PARKERS"

Can you tell baby chicks apart? Here's how: the males have bigger heads than the females! A trade secret among farmers!

Don't let your laying hens get too fat - they'll lay less eggs!

Dried corn cobs make great fuel for coal or wood burning stoves! Good to start fires with too!

Used motor oil makes great hoof dressing for your horses!

Homemade incense! Put orange peels on top of your stove and your house will smell great! Once they're dried they make good fuel too!

Know how to tell the temperature of a wood stove? Put your hand over it. If you can keep it there 4-5 seconds it's about 300°; 3-4 seconds it's 350° and less than 3 is 400°!

Yes sir folks, you too can be a corn huskin' pioneer! Read "Pork 'n' Beans" - a new Revolutionary Farmer's Manual! God's good golden grain produces results that you can see and taste! If you liked this issue and want to see more - write and let us know! And send in any tips or info you have too! God bless you! We love you! Bambini di Dio Torino, Italy

New Wine From Torino Farm

BACK TO THE LAND
STEP ONE
Out in the Fields With God
RECIPES

HANG IT UP!

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