

TAKE A TIP!

—ON HOME, CHILDCARE & HEALTH!

WHAT DO YOU DO WITH THE BROWN MAILING ENVELOPES—that your Letters come in from Rome?—Tear 'em open and throw 'em away? Why not carefully pry the two staples out and save the two clean inner envelopes for your own use!—Great for mailings to sheep, etc. We now have over a hundred from doing this for a few months! "Whatever is willfully wasted, will be willfully wanted some day!"

—Hepher Newman; Narbonne, France.

CLOTHING CARE: Since FF'ing has begun, the Lord has blessed us with many nice clothes. But some girls in the Family do not have the least idea of how to care for them. I have seen nice blue evening dresses sewn with green or red thread, and some have been repaired so badly you could only use them in clubs where there is no light!

ALSO, MANY DRESSES HAVE BEEN DESTROYED THRU CARELESS WASHING or by being hung in the sun so they fade, etc. I was thinking that perhaps someone could help with some counsel for our girls to become more real "hand-maidens" and learn to care for the things the Lord has given us, so we can get better and longer use out of them.—Mercy; Spain.

(Editor: Laundry tips coming soon—for children's clothes, too!)

DAD MENTIONS HOW PETS CAN BE AN EDUCATIONAL EXPERIENCE for the children. But it is quite a responsibility having a pet in the house, and the parents need to lay down the guidelines and rules! We saw some pets being quite abused—children pulling the cat by its tail, dropping the cat with force, etc. We were in one Home where the whole Family had just gotten over "pink eye". The children had gotten it first. We got a check that quite possibly they had gotten it from putting their faces on a puppy they had. So, be sure pets have proper care and that the children are taught what they can and can't do with pets!

—Dave & Carmen; Iberian KQS's.

RECOMMENDED BY FAMILY CARE: (1) "National Geographic World", monthly magazine for kids, with up to 36 pages of full-colour articles on nature & wildlife, exploration & science, sports & hobbies, pets, children around the world. Not available on news-stands. By subscription only. 12 issues for: \$5.85 (in U.S.), \$6.85 (in Canada) or \$7.85 (elsewhere) in U.S. funds or equivalent. Address: National Geographic Society, Washington, D.C. 20036, U.S.A.

(2) "Teaching Aides & Learning Resources", a 304-page colour catalogue loaded with ideas for making your own teaching materials or how to send off for helpful aides. A beautiful big book—Davida loves to look at it as a picture book—ha! The title is: "Teaching Aides and Learning Resources 1977-79" available free from: Phillip & Tacey.

Ltd., Andover, Hant., Hampshire, England.

DIETING TIPS

Editor: Here are some "psychological strategies" to inspire you as you lose weight. Some are bound to work! We love you!

***EAT SLOWLY!** Chew deliberately! If you eat too fast, you will probably eat much more than you need to before your brain sends down the signal that you're no longer hungry. Aids digestion, too.

***DRINK A GLASS OF WATER** a few minutes before each meal to reduce hunger and make eating slowly easier.

***USE A SMALLER PLATE.** Then you can fill it up and still keep your meals small.

***START WITH A SALAD,** but use dressings sparingly!

***EAT MORE VEGETABLES** such as carrots, celery, cucumber and lettuce. They provide bulk, colour, vitamins and they usually require you to chew slowly and deliberately.

***WRAP & SEAL FOOD TIGHTLY**—tape shut lids of jars and cans so it will be too much trouble to unwrap for a nibble.

***KEEP AN EAT-THIN SNAK PAK** in the fridge—fill a see-thru plastic bag with low-calorie raw vegetables and label it clearly "eat thin snak pak"!

***REDISCOVER YOUR TASTE FOR WATER**—inexpensive, no calories, non-intoxicating!

***EXERCISE!**—Walk up stairs instead of taking the elevator; take a brisk walk half-an-hour after dinner; do something!—Boredom often leads to overeating!

***HAVE YOUR PHOTO TAKEN** during progressive stages of your diet, to inspire you to keep going by seeing how much you have lost!

(Editor: Of course, we favor healthful diets, not crash kinds—except for "elephants".)

GRADUATION NOTICE!

Panama: Our brother Pedro Paz went to be with the Lord on November 17th. He was run over by an automobile while out litnessing and killed instantly. He had been distributing "Death or Dawn" and had told us that he was expecting a great change in his life. At the funeral, 40 people received Jesus into their hearts after we read "Death or Dawn" and distributed it to many. Praise the Lord! Maybe we needed the extra help in the Spirit

since we've been expelled from Panama twice and have only recently re-entered. —Abraham Patriarca; Panama.



Pedro Paz, now free to fight in the Spirit for the children of David!

FAMILY NEWS compiled, typed & layed out by Zebedee & Zorah Rabbit. Photowork by Zebedee Rabbit. *A World Services Publication.

They're Going Home!

IN RESPONSE TO "THE HOME-GOING", the following is a letter sent by one of our brothers in Madrid to the editor of "El Pais", one of Spain's top nationwide newspapers. It was published on Saturday, December 23rd, the very day after the Christmas Lottery was played, which caused this edition of the paper to be sold out by mid-morning! Thank the Lord and Dad for inspiring us with the vision for it! "Great was the company of those that published it!" (Ps. 68:11.)

—Sent in by Jonathan Nubes; Spanish TCC.

I AM A REGULAR READER OF YOUR NEWSPAPER. I've always appreciated its objective spirit and openness to criticism, that makes it a news media up to the level that we lovers of the spirit of democracy and of the truth desire.

ONLY A FEW DAYS AGO, THE SAD TRAGEDY OF JONESTOWN occurred and the reports of this news are still in my mind. These

reports systematically mentioned other groups, which were indiscriminately included in this tide of coercion and hypnotism that can even go as far as collective suicide.

SAD TO SAY, I'VE SEEN AMONG THESE GROUPS the name of the Children of God, which makes me react with utmost disgust to this shallow opinion, causing people to think that we are suppressed and have no personal freedom.

ALL THE MEMBERS OF OUR FAMILY AROUND THE WORLD ARE GOING HOME for the Christmas season. This has the double intention of being with our families and loved ones and at the same time proving to the whole world that we are not suppressed nor coerced by anyone, much less hypnotised. And God willing, we will be together again, after proving our faith in ourselves, in God and in His Word, and also in our way of life. —José Balcells. (translated from Spanish by Jonathan Nubes & Rocío.)

Acts Revolutionary Verses!

An up-to-date vision on persecution from our "blueprint" (the Book of Acts)!

from Sara Davidito.

Dear Family,
THE FOLLOWING ARE THE "ACTS REVOLUTIONARY VERSES", key verses from each chapter of the Book of Acts, taken from our old "Revolution For Jesus—How To Do It" Handbook. We sug-

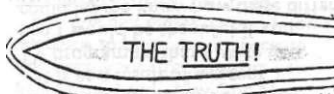
gest that everyone read them over together and mark them in their Bibles for a very up-to-date vision that the Early Church went through the same persecution as we do today!

WE'VE BEEN SHARING THE ACTS CLASSES from the Hand-

book for our devotion every day at lunch and it's so thrilling! Everyone comes to devotions with fine-point Bics and Bibles, rulers and map colours for marking their Bibles and taking notes! These verses are a thrilling resume of it all! The enemy's mad because of all the good we're doing!
Love, Sara Davidito

Win with Love!

"IF THIS THING BE OF GOD, NO MAN CAN STAND AGAINST IT! But if it be of man, it will come to naught. Beware lest ye be found



to fight against God!" They're not just dealing with us—they're fighting against God Himself!

OUR ONLY WEAPONS ARE GOD'S TRUTH AND GOD'S LOVE!

If they fight against these, God will fight back, amen? Thank You Jesus! Isn't that an encouragement? "Beware lest you be found to fight against God!" Hallelujah! ("God's Eyes!" No. 544: 55, 56, 58.)

DON'T LET THEM ROB YOU OF THE FLAME OF HIS FREEDOM. Don't let Satan blow it out! This little light of mine: I'm going to let it shine!—No matter what they say or do, the Revolution for Jesus is Forever! ("Burn Free", No. 0: 12.)

LOVE AND YOU CAN'T LOSE—for love never fails!—Because



God is love, and it's impossible for Him to fail! Love your way in, through, out and around it!—

LONG LIVE LOVE! ("World Conquest Thru' Love!" No. 151: 54, 56.)

"VENGEANCE IS MINE; I will repay, saith the Lord." (Ro. 12:19.)

"BE NOT OVERCOME OF EVIL, but overcome evil with good (your good sample of LOVE!)" (Ro. 12:21.)

(Editor: The next 4 pages in this issue are a special DFO booklet for you to cut out and send to parents, friends, etc. We pray it will be a blessing in "fighting the good fight".)

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