

but yourself, it will do you a lot of good. "By thy words shalt thou be justified & by thy words shalt thou be condemned."—Mat.12:37.

16. Now you need to open your mouth, Honey, & let the Lord fill it with whatever He wants to give you. Pray in tongues as well & the Lord could give you interpretations to encourage you. You've got to do it out loud! Forget this suffering in silence business. I know in bed here you are trying to keep from waking me up, but you've got to do it somehow. Either whisper to yourself or go in the next room & do it.

17. Boy, when I got up early some mornings, if I didn't go in my little cubicle & pray & praise the Lord out loud, I don't think I could make it! I mean it does me good just to hear my own voice quoting Scripture & praying & praising the Lord even if it is only in a whisper. It just takes a lot of concentration to say it with your mouth & use your tongue & the Devil has a hard time getting past that.

18. When it comes to the Devil, words are sort of like bullets or death rays or something & they just blast the Devil! Every word just zaps him! They're part of our offensive weaponry, the Word! It describes the armour of a Christian—it says the sword of the Spirit is the Word!—Eph.6:10-17. It's sharper than any two-edged sword.—Heb.4:12.

19. If you were quoting Scriptures & praising the Lord & praying & talking in tongues I'd know you were really on the attack! It would even encourage me. But when you have these headaches & just sort of go silent, you just sort of freeze up. (Maria: I always thought that that kind of thing would be drawing attention to yourself & asking everybody to concentrate on your sickness.)—Good!

20. Let them concentrate on it! Let them pray & praise the Lord with you, quote Scriptures & stand with you in faith. Then they'd know you need prayer, they'd know you need help. "One can chase a thousand, but two can put ten thousand to flight!"—Deut.32:30. You really need to do it out loud & go on the attack & let others know that you are attacking, that you're not just suffering in silence.

21. Doing it out loud really focuses your attention on what

you're doing & what you're saying, & you're not only using your mouth & your tongue, which takes concentration, but your ears are busy listening so your consciousness is almost fully occupied with what you're saying & you can't think so much about your pain or your problems or worries or whatever. Don't submit to the Devil! He gets you on the run where you're just thinking about nothing but your headache & that's the worst thing in the World you could do!

22. You need to declare your faith & just fling it in the face of the Devil! Just throw fiery darts of Scriptures at him out loud in prayer & praise! He hates that because it is a testimony to you even if you're all alone. And if there are others present, it is a testimony to them. It is a declaration that you are trusting the Lord & that you have faith in the Word, & you need to use your own words as well as God's Words. Amen? (Maria: Amen! Thank You Jesus! That's right!)

23. If you're not doing that & you're thinking about how your head aches & you're thinking about how your eyes ache, & he is telling you all kinds of lies about how this is caused by this & that, you're always going to have this, & blah, blah, as long as you're quiet & silent, he can really talk to you! I ought to know, I've been through it plenty. You need to just go on the attack & be positive & say things out loud against the Devil.

24. Quote Scriptures & sing & pray & praise the Lord & talk in tongues & keep your mouth busy & your mind busy & it keeps your ears busy too. And it's just like a vicious cycle against the Devil & it's a saving cycle for you! Just keep it in circulation. Keep it going! Say it and hear it and think it and say it & hear it & think it, & say it & hear it & think it & keep it going!

25. He just talks up that pain & aggravates it & the more you concentrate your mind & your heart on your pain & your headache & your eyeache & your backache or whatever it is, the more it magnifies it, aggravates it & the more he makes you think about it. But if you'll keep your mind & your mouth & your heart & your ears busy with the Word, you just haven't got time to listen to the Devil or even feel his pain! Just rebuke it & rebuke him & do it out loud, & quote Scriptures & sing, pray, praise,