

busy quoting Scripture & praising the Lord & rebuking the Devil, you won't have so much time to think about your headache. "Thou wilt keep him in perfect peace whose mind is stayed on Thee because he trusteth in Thee." (Isa.26:3) If your mind is centered on the Lord & stayed on Him then He is the One you are thinking about & you can't think about both things at once.

5. So keep thinking about the Lord & praising the Lord & quoting Scriptures & praying out loud. That takes concentration, you have to think about it, you have to keep your mind on the Lord & your mind on the Scripture & on your praises, even sing! The Devil hates song because it's praise to the Lord. You've just got to keep at it, really work at it! It's a testimony even to the Lord that you are really trusting Him, that you really have faith in His Word.

6. As long as you keep thinking about your headache & concentrating on your headache, then it's your headache you'll have! But if you get your mind on something else, it won't be as bad.

7. I think that's why your headaches get so bad at night, you're not working, you're not reading & all you can think about is your headache. But you need to get your mind off it & rebuke it & praise the Lord! Sing, quote Scriptures & really go on the attack!

8. But there is just something about saying the words that really crystalises your resistance & causes the devils to flee! They hate to hear the Word. Besides, if others are listening it is a declaration to them that you are trusting the Lord, that you have faith in His Word. It's a testimony & a witness to them, it even encourages them to know that you're really trusting the Lord & have faith in His Word & you really believe those Scriptures & just keep quoting them even if you can only whisper them.

9. It takes more concentration & it occupies more of your mind & your consciousness if you have to say it out loud, quote it out loud & praise the Lord out loud! Rebuke the Devil out loud! He has to obey. "Resist the Devil & he will flee from you!"—Jam.4:7. Quiet faith is fine but it is not enough of a real attack, a real fight!

10. You've really got to do it out loud, the louder the better! (Maria: Does that really make a difference?—The louder the better?)—Yes! The more people that hear you the better! It's good for them. It encourages their faith & lets them know that you're declaring that you're trusting the Lord instead of just moping around & suffering in silence.

11. You need to go on the attack! Be positive & show that you have faith in the Word, faith in the Lord, faith in praise, a sign that you really trust & you really believe. It's like a declaration of faith. And when your mind is occupied with that, you can't be occupied with your suffering & your pain.

12. There is power in the Word! There is absolute power in the Words! You really need to say it with your mouth. "Thou shalt confess with thy mouth that Christ is Lord." —Rom.10:9. "With my mouth will I make known Thy faithfulness unto all generations."—Psa.89:1.

13. I never saw my Mother get the victory just by thinking the words or thinking prayer. You can do that too under some circumstances, but when you're having a real battle with the Devil or sickness or headache or something, you've got to say it out loud, you've got to go on the attack & really fill your mind & heart & your mouth with declarations of faith & praise & prayer & Scriptures—the Word! You have to use your mouth to say the Word. Words are things that you have in your mouth made by your mouth. You've got to use your mouth & then that becomes not only a testimony to yourself but to others as well.

14. There are a great cloud of witnesses who are always watching us, trying to help us, but you need to declare your faith openly & loud enough at least that you can hear it yourself.—Heb.12:1. It'll keep your mind & your mouth occupied with the Word & with prayer & praise & with attacks on the Enemy. It really helps to occupy your mind & your heart & especially your mouth, as well as your spirit. It will do you a lot of good!

15. You've just got to get busy, you've got to say it, you've got to word it, put it into words & say it out loud & really rebuke the Devil & declare your faith & show your trust in the Word by quoting it out loud. Even though nobody can hear you